

# ? *What do you do to* prevent *the* FLU

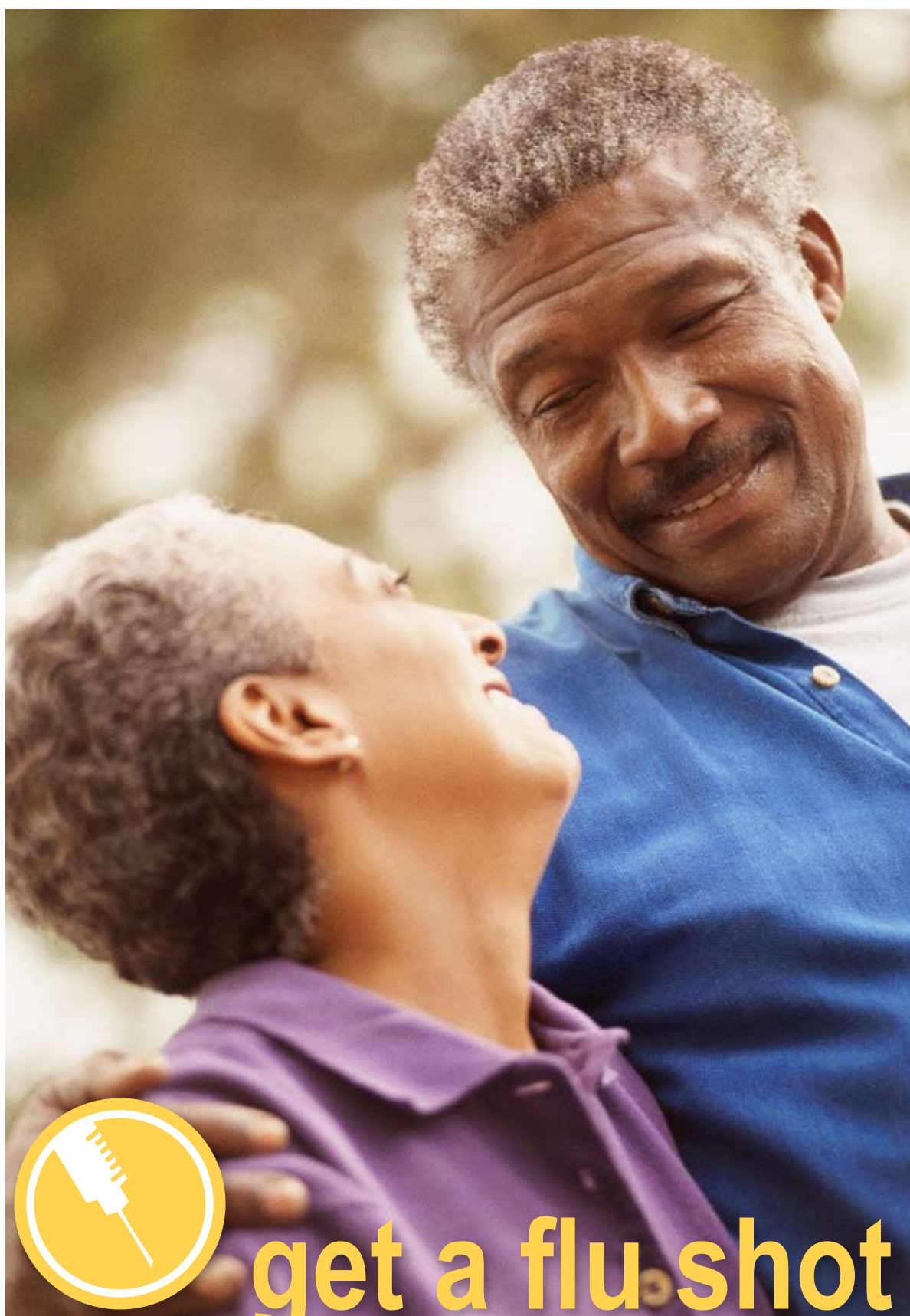
## Get a flu shot to stay healthy.

The Centers for Disease Control and Prevention estimates 200,000 Americans are hospitalized each year and 36,000 die from flu complications.

The easiest and best way to protect yourself is by simply getting a flu shot.

The flu shot contains killed flu virus which means you will not catch the flu from the vaccine.

**To schedule an appointment,  
call:**



[www.scdhec.gov](http://www.scdhec.gov)

*We promote and protect the health  
of the public and the environment.*

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Recommended for anyone who wants to decrease their chances of getting the flu, all people 50 and older, those with chronic diseases, health care workers, pregnant women, and children over 6 months old.

The cost of the flu shot is \$25 — billing to Medicare and Medicaid available. Please do not let cost prevent you from seeking your flu shot. Ask how we can help.